

Springs Mountain Sangha

A Zen Buddhist Community

Springs Mountain Sangha

Colorado Springs

voice mail: (719) 684-0210

www.smszen.org

The Dharma Rag

Volume 11, Issue 6

~ June/July 2008 ~

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Coming Up for Springs Mountain Sangha

—In July

Work in the Room with Sarah Bender, Sensei—Saturday, July 5, during Shove Chapel morning sit. Page 11.

Sangha Barbeque—Sunday, July 6, at Sarah's house starting at 5 PM. Page 5.

Study Group—Sundays, July 13 to August 10, from 1:00 to 3:00 PM, at Sarah's house. Page 10.

ECOLOGIA Benefit for China Earthquake Victims—Saturday and Sunday, July 19 and 20. Page 4.

—In August

Work in the Room with Sarah Bender, Sensei—Saturday, August 2, during Shove Chapel morning sit.

One-Day Retreat with Sarah Bender, Sensei—Saturday, August 16. Details TBD.

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Springs Mountain Sangha's Monthly Newsletter: *The Dharma Rag*

Editor: Lee Overmann. Published every month, mostly.

We encourage submissions of articles related to Buddhism and the Way, event announcements, letters to the editor, reviews, poems, recipes, and other sharings from all readers! Please send them by e-mail to SMSdharma@hotmail.com. Or, submit them by snail-mail to P.O. Box 25277, Colorado Springs, CO 80936-5277. The deadline for the next month's publication is the third Friday of each month; submissions may be lightly edited by a loving hand. Please visit our Web site at www.smszen.org!

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ॐ नमो भगवते वासुदेवाय

Dharma Talk

A Change of Season *Joan Sutherland*

It was good to spend the summer solstice with you in a retreat that was filled, appropriately, with much light. Many of you have heard by now that I took the opportunity of seeing you in person to let you know about a change in the way I teach: Over the summer I'm going to be phasing out work on the phone. Here's why.

For many months now I've been feeling that spending up to five hours at a stretch on the phone six or more days a month is not a tremendously healthy thing to do. I've been agonizing about what to do with this unhappy fact, and then something happened that made the decision for me. About a month ago, within a few days of each other, I received two offers from two different publishers to write two different books. In order to say 'yes,' which I want to do, something has to give in my workload, and that something is going to be work on the phone.

We started staying in touch on the phone on the grounds that it was better than nothing, but circumstances have changed over the years and the alternative is far from nothing anymore. You now have a resident teacher offering work in the room, and I'm only 4½ hours down the interstate from the Springs these days. I'm also happy to discuss coming up there a couple more times a year for short visits that would include work in the room.

To those of you who were at the retreat, thank you so much for the grace and generosity with which you received this news, and for your support of my taking time to write, which really touched me. To those of you who weren't there, I'm sorry we didn't have a chance to meet in person; we'll have work on the phone in July if you want to talk any of this over. To all of you with whom I've been working on the phone over this past decade, thank you for your dedication. As a number of you mentioned, our work together has been a genuine collaboration in developing and refining this Way, and a couple of years from now I hope we'll have two new books to show for it: A collection of John Tarrant's and my translations of the koans in the Gateless Gate, the Blue Cliff Record, and the Book of Serenity, and a book on the koan way and, you know, life, the universe, and all that.

Thanks to all who did so much to make this retreat a joy; I look forward to many more. And please come visit anytime.

ॐ नमो भगवते वासुदेवाय

Dear Friends,

A young friend from Colorado Springs, Meg Young, has spent this year living in Chengdu, working as an ECOLOGIA staff consultant for sustainable development and micro-lending in rural Sichuan Province. Meg was in Chengdu when the earthquake hit, and since then she has been doing relief work. Her group is working with people locally to rebuild simply and sustainably.

So, I started thinking about how to help, and my friend Judith Daley and I cooked up an idea: How about a benefit sale of the vintage kimonos, silks, scarves and stoles, and Chinese folk art that Judith imports? Our steering committee gave approval for Springs Mountain Sangha to sponsor the event, and here's how you can help, if you are so inclined:

- ★ Please spread the word!
- ★ Several people are needed to hang posters around town.
- ★ Two strong people are needed to help with set-up on Friday evening, July 18.
- ★ Two people are needed to help with sales on Saturday, July 19.
- ★ One person is needed to work at the benefit on Sunday, July 20, from noon to 4 PM.
- ★ Two strong people are needed to help with take-down, from 4 to 5 PM on Sunday, July 21.

If you'd like to be part of this benefit, please contact me, Sarah Bender, at sbender@corb.com or 719-594-0724.

Thanks! Sarah

This benefit is brought to you by

Springs Mountain Sangha

A Zen Buddhist Community
www.smszen.org

WabiSabiWares

Vintage Textiles Re-imagined

wabisabiwares@live.com
www.wabisabiwares.com



ECOLOGISTS Linked for Organizing Grassroots Initiatives and Action
www.ecologia.org

Vintage Asian Textiles and Art Sale

To benefit ECOLOGIA in their efforts to rebuild homes and infrastructure in earthquake-ravaged China

Chinese folk paintings, woodcarvings, and watercolor paintings
Sustainable elegance from Japan's Showa period, 1926-1989...

Vintage kimono, short jackets, silk and indigo cotton robes, and accessories.

Unique fabrics for quilters and artisans...

Silk, wool, and cotton yardage from conserved textile rolls, and panels reclaimed from vintage garments.

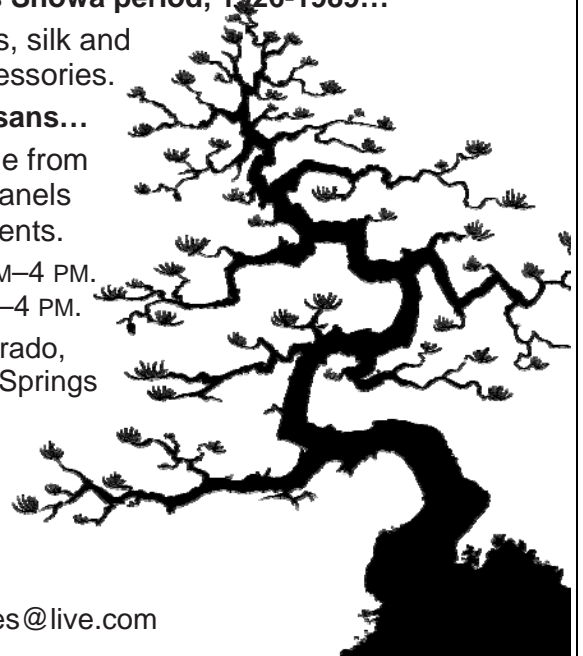
When: Saturday, July 19, 2008, 10 AM-4 PM.
Sunday, July 20, 2008, 12 PM-4 PM.

Where: Gay & Lesbian Fund for Colorado,
315 E. Costilla St., Colorado Springs

20% of all proceeds will be donated to **ECOLOGIA**

Cash and checks only

For more information: wabisabiwares@live.com



CHRONIC ILLNESS MEDITATION AND DISCUSSION GROUP

For anyone with a chronic condition such as pain, fatigue, stress or other disabilities

Every Friday, 11AM–12 noon (starting May 16)

First Congregational Church

20 East St. Vrain Street (in the Chapel)

Cost: FREE

This ongoing group is open to people interested in meditation, and no experience is needed. We spend half our time practicing appropriate meditation techniques and then discuss our experiences with illness and meditation. In this group, we create a space for people to express themselves openly and to appreciate the support of others. With courage and kindness, we learn to live with challenging circumstances and let go of old ideas about ourselves.

Research indicates that meditation can facilitate self-exploration, bring about the relaxation response, promote healing, reduce pain, and help with symptom management.

The instructor is **Clay Taylor**, who lives with chronic pain from a spine injury and meditates lying down. He is a meditation instructor with Springs Mountain Sangha in Colorado Springs.

Please call Clay with any questions about this group at 719-213-6553.

Location is wheelchair accessible. You can make yourself comfortable!

Bring pads or cushions for lying down if you need them.

ॐ नमो भगवते वासुदेवाय

You are invited!

To a Party at Sarah's House

This seems like a good time for a party! You and your family and friends are invited to a vegetarian barbeque at my house, 7528 Jenkin Place, on Sunday, July 6, from 5 PM on.

I'll have veggie burgers and veggies to grill, so you can bring any sort of dish you like, or other things to grill.

Bring instruments, creek shoes, bubble-making supplies, whatever you like! Weather and fire safety permitting, we might be able to make s'mores in my backyard fire pan or even maybe down by the creek.



Response is not required but is always gratefully received...

Cheers, Sarah

Voices

Happy Awakening!

Andrew Palmer

Perhaps you're feeling a bit of déjà vu setting in as you're reading this, recalling that in the last issue Joan Sutherland, Roshi wrote of this very topic: marking the birth of the Buddha. She had mentioned that the celebration occurs on different dates according to which lunar calendar is being used or the particular stream of Buddhism one is soaking in—some of which see it as marking Buddha's birth, enlightenment, and death all in one. This time around, the occasion occurred in Santa Fe on April 19, and here in the Springs on May 4 at the Woman's Club as well as on May 14 in the Vast Refuge at the Air Force Academy. Taking this matter up from the perspective of trying to pin down the exact birth date of a historical figure, the above could seem quite confusing and absurd. Yet I find it to be very lovely and generous when one's perspective shifts into celebrating Buddha as awakening itself.

As we walk this path, there tends to be a fair amount of time spent trying to pin down just what this awakening is, assigning qualities to it, imagining what it will be like and why we still seem to be so far from it, even though we practice wholeheartedly. But at some point, things loosen up, the borders and definitions become porous, and there is an opening up to tasting the flavor of awakening in the everyday. There's no need to pin it down or grasp onto it—it's completely ours at every turn. So while the custom at this particular time of year is to gather together in community, take time to build a flowery altar, and bathe the baby Buddha with sweet tea, know that this birth of awakening is a continuous happening. It's in the bright yellow dandelions at your feet, the pink and purple blossoms spreading out above, and the gentle rain that falls upon your head as you make your way along.

Hey! Happy Birthday, Buddha!

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DAVID WEINSTEIN, SARAH BENDER, YOUNG CELEBRANTS, AND FAMILY AT BUDDHA'S BIRTHDAY.



**THE CAKE AND FACES ARE AGLOW!
PHOTOS BY ANDREW PALMER.**



BLOWING OUT THE CANDLES.



CELEBRANTS AND BUDDHA BOWER.



**BATHING THE BABY BUDDHA
BENEATH THE BOWER (BEAUTIFUL!).**



**DAVID DOES THE HONORS
WITH THE CAKE.**

Wet Mountain Sangha—Pueblo

2008 SUMMER EVENTS

- **Wednesdays:** Meditation 6:00 PM to 7:15 PM. Please join us as you wish for the traditional 25/10/25 minutes of sitting/walking/sitting meditation. As usual, there will be sharing and announcements and tea afterwards!
- **Saturdays:** Morning meditation second and fourth Saturdays of each month, 8:00 – 10:00 AM, with four periods of alternating sitting and walking; no chants or announcements.

Check out our Web site for more information: <http://wetmountainsangha.org>.

Wet Mountain Sangha, Pueblo, Colorado

Now meeting at The Center for Inner Peace, 740 W. 15th Street, Pueblo, CO 81003

Sangha Business

Steering Committee Activity: May 2008

In attendance were Clay, Andrew, Sarah, Steve Walker, and William. The April minutes were approved.

The first hour was devoted to changes to the Monday evening schedule as discussed at community night. We also reviewed and approved scheduling for retreats, classes, and so on through December 2008.

Clay will initiate a parent's group and organize the first meeting in consultation with Andrew and Wendy.

We want to do leader's training/refreshing. We thought we'd do several gatherings through the end of May and beginning of June hoping that all the leaders could attend one.

We decided to have a practice period following the fall retreat culminating in a one-day retreat that will be held on the following Saturday, October 4. Practice will consist of morning and evening sittings through the week.

Finally, we decided to form a Web site committee to consider and implement suggestions for professional support of the site. We hope this committee will consist of Wendy, Lee, Frank, and any other members with technical expertise. Clay will check with Frank about scheduling a meeting.



Steering Committee Retreat: June 2008

Present were Sarah, William, Andrew, Clay, Frank, Vic, Steve W., Lee, Pete, Robert, and Elizabeth.

Following a period of meditation, we spoke honestly about how we felt about our personal practice. Then we discussed our **dreams for the Sangha**. This was followed by a process in which we grouped our "dreams" into categories. We then prioritized the categories by voting on three items we thought were the most important. The categories were as follows:

Holding the container means keeping connected with the Sangha, energizing the practice for all, sharing the practice; reaching out to new members, encouraging closer bonds among Sangha members, planning family activities, and supporting each other.

Having an alive, open practice involves considering that daily life (as well as sitting) is our practice, growing and deepening our practice, keeping connected with each other, and maintaining our commitment.

Acquiring a home of our own is something that would make practice easier because we could leave our meditation hall set up and always have a place to go, but it would be a significant financial commitment. Additionally, it might shift our focus and would bring up several other problems such as maintaining our connection with Colorado College. A decision such as this one would not be taken without the consensus of the entire Sangha, and much more research is needed on cost and other considerations.



Service means contributing energy to the community, planning activities, providing hands-on help, cooking and serving meals, and keeping the right balance between outreach and Sangha activities.

Working on our fragility encourages us to strengthen our commitments, nourish our worker-bees, enliven our offerings, and encourage more people to serve as leaders.

Community building involves bringing in new people, raising community awareness of our Sangha, investing in community outreach, supporting parents, increasing our celebratory practices, and music.

Understanding how decisions are made is a key organizational issue that has received a lot of attention over the last year. We noticed we have two lines of authority, one for Dharma issues and one for community-organizational decisions.

The three dreams that received the most votes were:

The dreams and their votes

Holding the container, 10 votes

Having an alive, open practice, 7 votes

Acquiring a home of our own, 6 votes

At our next meeting, we will talk about the planning and research needed for at least one of these dreams.

We also authorized Robert to reserve Benet Pines for two retreats in 2009, April 13–19 and September 21–27.

Sarah asked if we wanted to help with a benefit for Ecologia, an organization that helps people in China through micro-financing and other support and which is currently focused on earthquake relief. We would handle publicity for the event. Consensus was favorable. Andrew said he'd ask Wendy to put it on our Web site.



The retreat was closed with sitting and the Four Boundless Vows.



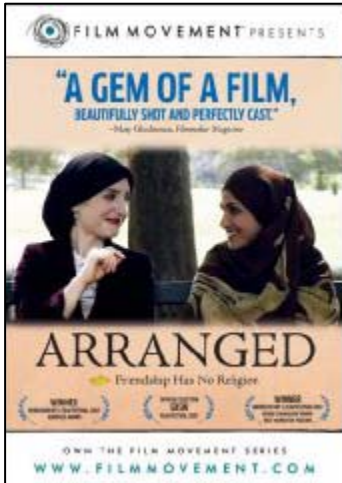
~ Et Ceteras ~

...And More ~

ଡରାଭିଶିକ୍ଷକ

Arranged, English, 86 minutes

A Movie Review by Kathryn



This is a gem of a movie about two women in their twenties. One is an orthodox Jew, and the other is a Muslim of Syrian origin. The movie focuses on the cultural aspect of arranged marriages in both cultures. The two women meet at a school where they teach, becoming friends and helping each other through their lives.

The movie is about levels of tolerance, and it gives the viewer a brief look of understanding into different worlds. It seems so necessary in this time we are living.

It is not a "chick" flick, so all can enjoy this lovely film.

ଡରାଭିଶିକ୍ଷକ

WHAT IF

What if earthquakes, floods, volcanoes and other disasters never happened, killing innocent people and pets?

Why was this earth ever created?

There must be a much better world somewhere, someplace where people are not oppressed by police and business interests.

What if all people had jobs to make a living?

What if food, water, clothing, and jobs were rights for everyone?

Freedom from wants and concern for needs are both sides of the same coin.

steve bachmann

Study Group: Impermanence and No-Self: An Exploration of Existence

Sundays, July 13 to August 10, 1–3 PM at Sarah Bender's home (Thank you, Sarah!)

We will gather to discuss and look more deeply into these aspects of the Practice, as they are common themes in Buddhism and are identified as two of the three marks of existence (the third being suffering). We'll explore these themes on global and personal levels, see what others have had to say about them over the centuries, work with some guided meditations, and play with koans. We won't be working from a particular text, but I will compile and distribute materials on a weekly basis.

Feel free to contact me if you have any questions or would like more information. I'd also be interested knowing of any aspects of impermanence and no-self people would like to explore, so send me a line with anything that is of particular interest to you.

Andrew, remlapa@gmail.com.

ଡରାଭିଶିକ୍ଷକ

Dear Sangha,

In response to input at the last Sangha meeting, here is a revised schedule for our Monday evening and Saturday morning meditations:

Mondays: The first, third, and fifth Mondays will be simply two periods of meditation with our usual opening chanting and closing sharing and announcements. The second Monday of the month will be a period of meditation, followed by tea and cookies, while the fourth Monday will consist of a period of meditation and a talk and discussion.

Saturdays: The first Saturday of the month will include Work in the Room with Sarah during the four-period sit. The second Saturday will have the usual four-period sit. The third Saturday will have a sutra service during the third period (7:00 AM during the summer; 7:30 AM during the winter). The fourth Saturday will have four periods of meditation, and the fifth Saturday—if there is one—will have a way-seeking mind talk during the third period.

William Jeavons

Events and Activities

DETAILS OF SMS EVENTS

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- ★ **Work in the Room with Sarah Bender, Sensei:** Saturday, July 5 during the morning meditation (6:00–8:00 AM) at Shove Chapel. Other WITR dates and times can be scheduled by contacting Sarah at sembender@gmail.com.
- ★ **Sangha Barbeque:** Sunday, July 6, at Sarah’s house starting at 5 PM. For information, see page 5 or contact Sarah at sembender@gmail.com.
- ★ **Study Group:** Sundays, July 13 to August 10, from 1:00 to 3:00 PM, at Sarah’s house. Study materials will be provided. For more information, see page 10 or contact Andrew at remlapa@gmail.com.
- ★ **China Earthquake Benefit:** Saturday and Sunday, July 19 and 20. For information and to volunteer, see page 4 or contact Sarah at sembender@gmail.com.
- ★ **Chronic Illness Meditation and Discussion Group:** Every Friday, 11 AM to noon, at the First Congregational Church. Free. For more information, contact Clay at 719-213-6553.

UPCOMING SMS RETREATS

With Joan Sutherland, Roshi
September 22–28 (Benet Pines)

With David Weinstein, Roshi
December 3–7 (Green Mountain Falls)

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DHARMA TALKS given by SMS teachers are available on CD for \$10 each. To obtain a list of available talks and to order, please contact Andrew at remlapa@gmail.com.

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SMS Weekly Schedule

We meet at Shove Chapel, 1010 North Nevada on the campus of Colorado College

Monday Evenings — 6:10–7:30 PM

- ★ **First Monday of the month:** Two 25-minute periods of meditation with opening chants, walking meditation between the meditation periods, and closing sharing and announcements.
- ★ **Second Monday:** One 25-minute meditation period followed by tea and cookies.
- ★ **Third Monday:** Two 25-minute periods of meditation with opening chants and closing sharing and announcements.
- ★ **Fourth Monday:** One 25-minute meditation period followed by a talk and discussion.
- ★ **Fifth Monday:** Two 25-minute periods of meditation with opening chants and closing sharing and announcements.

Wednesday Mornings — 6:00–7:00 AM

Saturday Mornings

Summer hours (May–Sept.): 6:00–8:00 AM

Winter hours (Sept.–May): 6:30–8:30 AM

- ★ **First Saturday:** Work in the Room with Sarah.
- ★ **Second Saturday:** Four-period sit.
- ★ **Third Saturday:** Sutra service during the third period (7:00 AM summer; 7:30 AM winter).
- ★ **Fourth Saturday:** Four-period sit.
- ★ **Fifth Saturday:** Way-seeking mind talk during the third period.

After the meditation, many of us walk to a nearby coffee shop for breakfast.

Sundays

We often have Steering Committee meetings, discussion groups, workshops, or socials.

***Newcomers are extremely welcome!
Please come fifteen minutes early if you would like an orientation.***

Please check our Web site for changes and additions!

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Other Local Groups

Thubten Shedrup Ling (TSL)

- tslcolorado@yahoo.com

Rocky Mountain Insight

- www.rockymountaininsight.org

ཉལ་ལྷན་ཁྲུང་ལོ་སྒྲིག་པའི་ལྷན་ཁྲུང་།

Qigong

with Ellie Coriell, LPC CACIII

Shove Chapel, Tuesday evenings, 5:30–6:30 PM.



Please call Ellie at 719-339-7415 for information.

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Women in American Buddhism

The Institute of Buddhist Studies and
Tri-State Denver Buddhist Temple
invite you to join in a conversation
with Theravadin, Mahayana
and Vajrayana teachers.

**Join sessions on how Buddhism can support
us in daily life—in work, in family, and in
play. Guest teachers include:**

DR. JUDITH SIMMER-BROWN, Naropa University,
LUCINDA GREEN, Rocky Mountain Insight Meditation,
DR. DAVID MATSUMOTO, Institute of Buddhist Studies,
TENZIN KACHO, Western Buddhist Monastic Conferences,
BISHOP KOSHIN OGUI, Buddhist Churches of America,
and many more from throughout the United States.

CONFERENCE DATES: August 29–31, 2008

LOCATION: Tri-State Denver Buddhist Temple
1947 Lawrence Street, Denver, Colorado 80202

REGISTRATION: \$75.

INFORMATION: Contact Institute of Buddhist Studies at
www.shin-ibs.edu/denver.php.

The Open Source

(www.joansutherland.net)



- **Koan Salon.** Wednesdays, 3:00–5:00 PM, The Friends Meeting House, 630 Canyon Road, Santa Fe, New Mexico. For information, call 505-989-3915.
- **Meditation, Dharma Talks, & Conversation.** Thursdays, 7:00–8:30 PM, Cerro Gordo Temple, 1404 Cerro Gordo Road, Santa Fe, MN.

2008 Retreat Schedule

- **July 11–13,** Koan Weekend, Carl Cherry Center for the Arts, Carmel, CA.
- **July 20–26,** Meditation Retreat, Santa Fe, NM.
- **September 22–28,** Meditation Retreat, Springs Mountain Sangha, Colorado Springs, CO.
- **October 24–26,** Koan Retreat, Cerro Gordo Temple, Santa Fe, NM.
- **November TBA,** Meditation Retreat, Northern California

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Register for *Open Source* events by sending an e-mail to retreats@joansutherland.net.

Join *The Open Source* e-mail list by sending an e-mail to list@joansutherland.net.

ཉལ་ལྷན་ཁྲུང་ལོ་སྒྲིག་པའི་ལྷན་ཁྲུང་།

Pacific Zen Institute

(www.pacificzen.org)

- **PZI Sesshin, Sonoma County, California**

October 11–18

ཉལ་ལྷན་ཁྲུང་ལོ་སྒྲིག་པའི་ལྷན་ཁྲུང་།

July

2008

<i>SUN</i>	<i>MON</i>	<i>TUE</i>	<i>WED</i>	<i>THU</i>	<i>FRI</i>	<i>SAT</i>
		1	2	3	4	5 Meditation & Work in the Room with Sarah Bender Shove Chapel 6:00–8:00 AM Breakfast-Wooglin's
6 Sangha Barbeque Sarah's house 5:00 PM	7 Meditation, Two Periods Shove Chapel 6:15–7:30 PM	8	9 Meditation Shove Chapel 6:00–7:00 AM	10	11	12 Meditation, Four Periods Shove Chapel 6:00–8:00 AM Followed by breakfast @ Wooglin's
13 Study Group Sarah's house 1:00–3:00 PM Steering Meeting Woman's Club 3:00–5:00 PM	14 Meditation & Social Shove Chapel 6:15–7:30 PM	15	16 Meditation Shove Chapel 6:00–7:00 AM	17	18	19 Meditation & Sutra Service Shove Chapel 6:00–8:00 AM Breakfast-Wooglin's Earthquake Benefit, Colorado Springs
20 Study Group Sarah's house 1:00–3:00 PM Earthquake Benefit, Colorado Springs	21 Meditation, Two Periods Shove Chapel 6:15–7:30 PM	22	23 Meditation Shove Chapel 6:00–7:00 AM	24	25	26 Meditation, Four Periods Shove Chapel 6:00–8:00 AM Breakfast-Wooglin's
Bodhisattva Meditation Retreat with Joan Sutherland, Roshi, in Santa Fe, New Mexico						
27 Study Group Sarah's house 1:00–3:00 PM Bodhisattva Meditation Retreat	28 Meditation, Talk, and Discussion Shove Chapel 6:15–7:30 PM	29	30 Meditation Shove Chapel 6:00–7:00 AM	31		

<h1 style="writing-mode: vertical-rl; transform: rotate(180deg);">August</h1> <h2 style="writing-mode: vertical-rl; transform: rotate(180deg);">2008</h2>	<i>SUN</i>	<i>MON</i>	<i>TUE</i>	<i>WED</i>	<i>THU</i>	<i>FRI</i>	<i>SAT</i>	
							1	2 Meditation & Work in the Room with Sarah Bender Shove Chapel 6:00–8:00 AM Breakfast-Wooglin's
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	10 Study Group Sarah's house 1:00–3:00 PM Steering Meeting Woman's Club 3:00–5:00 PM	11 Meditation & Social Shove Chapel 6:15–7:30 PM	12	13 Meditation Shove Chapel 6:00–7:00 AM	14	15	16 Meditation & Sutra Service Shove Chapel 6:00–8:00 AM Breakfast-Wooglin's <div style="border: 2px solid blue; padding: 2px; display: inline-block;">One-day retreat, details TBD</div>	
	17	18 Meditation, Two Periods Shove Chapel 6:15–7:30 PM	19	20 Meditation Shove Chapel 6:00–7:00 AM	21	22	23 Meditation, Four Periods Shove Chapel 6:00–8:00 AM Followed by breakfast @ Wooglin's	
	24 / 31	25 Meditation, Talk, and Discussion Shove Chapel 6:15–7:30 PM	26	27 Meditation Shove Chapel 6:00–7:00 AM	28	29	30	

September

2008

<i>SUN</i>	<i>MON</i>	<i>TUE</i>	<i>WED</i>	<i>THU</i>	<i>FRI</i>	<i>SAT</i>
	<p>1</p> <p>Meditation, Two Periods Shove Chapel 6:15–7:30 PM</p>	<p>2</p>	<p>3</p> <p>Meditation Shove Chapel 6:00–7:00 AM</p>	<p>4</p>	<p>5</p>	<p>6</p> <p>Winter Hours Meditation & Work in the Room with Sarah Bender Shove Chapel 6:30–8:30 AM Breakfast-Wooglin's</p>
<p>7</p>	<p>8</p> <p>Meditation & Social Shove Chapel 6:15–7:30 PM</p>	<p>9</p>	<p>10</p> <p>Meditation Shove Chapel 6:00–7:00 AM</p>	<p>11</p>	<p>12</p>	<p>13</p> <p>Winter Hours Meditation, Four Periods Shove Chapel 6:30–8:30 AM Breakfast-Wooglin's</p>
<p>14</p> <p>Steering Meeting Woman's Club 3:00–5:00 PM</p>	<p>15</p> <p>Meditation & ALL-SANGHA MEETING Shove Chapel 6:15–7:30 PM</p>	<p>16</p>	<p>17</p> <p>Meditation Shove Chapel 6:00–7:00 AM</p>	<p>18</p>	<p>19</p>	<p>20</p> <p>Winter Hours Meditation & Sutra Service Shove Chapel 6:30–8:30 AM Breakfast-Wooglin's</p>
<p>21</p>	<p>22</p> <p>Meditation, Talk, and Discussion Shove Chapel 6:15–7:30 PM</p>	<p>23</p>	<p>24</p> <p>Meditation Shove Chapel 6:00–7:00 AM</p>	<p>25</p>	<p>26</p>	<p>27</p> <p>Winter Hours Meditation, Four Periods Shove Chapel 6:30–8:30 AM Breakfast-Wooglin's</p>
<p>Ancestor's Retreat with Joan and Sarah, Benet Pines, Colorado Springs</p>						
<p>28</p> <p>Ancestor's Retreat</p>	<p>29</p> <p>Meditation, Two Periods Shove Chapel 6:15–7:30 PM</p>	<p>30</p>				

Dana for Springs Mountain Sangha

Springs Mountain Sangha engages in three weekly sittings, study groups, retreats, residencies for our holding teachers, the *Dharma Rag*, a Web site, and other communication media. Contributions from members and friends are the Sangha's sole financial resource. Your contributions are tax deductible in as much as Springs Mountain Sangha fits the definition of a church for charitable giving purposes. We have also applied for 501c3 status. Let's share the Dharma assets!

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (h) _____ (other) _____

E-mail: _____ (required for e-distribution)

Contribution Amount Enclosed: \$ _____

Checks should be made out to Springs Mountain Sangha c/o Robert King, Treasurer.

Springs Mountain Sangha is a member of The Open Source, in both the Soto and Rinzai traditions.

To learn more, visit our Web site, www.smszen.org, or contact us at SMSdharmarag@hotmail.com (your friendly editor).

Please add your e-mail address to receive publication notices for our newsletter.

Five Great Reasons to Support Your Sangha

Here are five great reasons to donate to Springs Mountain Sangha. Hopefully, one will suit your fancy! Remember, this is *your* Sangha.

- **Donate to support Joan's work.** If you'd like to make a donation to thank Joan Sutherland, Roshi for her Dharma and to support her work, you can send it to her at PO Box 2368, Santa Fe, NM 87504. Or, send a donation to SMS with a note that it is for Joan.
- **The Sarah Fund. We met our goal! Hooray!**
- **Donate toward a facility.** While we benefit enormously from the warmhearted generosity of Colorado College, renting or owning our own facility would allow us to use our energies more fully. Retreats and other events would no longer require moving all the cushions, ritual supplies, food, et cetera. A facility is a long-term project; please help get it started.
- **Donate to support our operating costs.** Keeping the Sangha in business involves recurrent costs for teacher support, communications, gifts, ritual supplies, food for retreats and other events, study groups, and service activity—all the items needed for a nonprofit organization.
- **Donate to support our service activity.** The Service Committee budget supports our service work and makes possible Bodhisattva work in the larger community; send your donation to SMS with the notation "Service Committee."

Thank you so much!